

pro sports solo. Get your black tusk pro sports solution for your own training. Benefit from many black tusk™ features without the need to be part of a team or having a trainer.

PRO SPORTS SOLO	FEATURES AT A GLANCE
Easy Planning	Creating own training plans in calendar, using training templates, training intervals, micro-macro planning
Personal Training Diary	Creating own personal information on application, including max heart rates, age, sex and your current perceived mental and physical state
High-end Analysis Tools	Enables analysis from past training sessions, using flexible black tusk™ analysis tools
HRV Stress Test Analysis	Allows stress test analysis via HRV test, giving an individual reference (black tusk™-fitness parameter) to your current stress/health status. This can be used as base to change training intensity and not over train
One View Training Comparison	Allows overlaying training results of different training sessions for better comparison
Integration of Many Sensors	Thanks to ANT+ technology it can read and include any important data to the training control, like wattage, heart rate, speed, cadence or even weight
Hardware Compatibility	Works with most common fitness devices on the market
Easy Data Import	Easy to import training logs into the system from everywhere by using GSM network or Wlan
Route Import and Transfer	Import or export routes and allow route tracking
PC Connection	Record trainings directly to the PC
